

"A new commandment I give unto you, That ye love one another; as I have loved you" ■

John 13:34 ■

The Prayer Chain

Vol. 20, No. 1

"Ye have not, because ye ask not"

January, 2008

**2008!!
Happy
New
Year!**

**Behold, all things
are become new!**

**"And when he had
sent them away, he
departed into a
mountain to pray"**

Mark 6:46

**"God does nothing
but by prayer, and
everything with it."**

**"There is no way
that Christians, in a
private capacity,
can do so much to
promote the work of
God and advance
the kingdom of
Christ as by
prayer."**

**"Prayer will make a
man cease from sin,
or sin will entice a
man to cease from
prayer."**

SUCCESSFUL PRAYING REQUIREMENTS

What are the requirements for real successful praying. Number one. This is the unknown quantity. Mark X here, because it marks the spot. PURITY. That's right. Psalm 66:18 says "If I regard iniquity in my heart, the Lord will not hear me." If I regard... If I say to Brother Mike, "If you see George, give him my regards." That means to pass my love on to him. If I regard iniquity in my heart, the Lord will not hear me. That cuts off God's willingness from me. God said, "Of course I can hear you, but I will not, because you're giving your regards to the devil." That's what He's talking about. Psalm 66:18.

Number two. FRUIT. Matthew 21:21-22. The disciples were talking to Jesus about the fig tree. They said, "That fig tree is gone. All You did was put your Word to it. You said 'Let no fruit grow on thee henceforward for ever,' and it withered away.'" When God puts His Word on you and you refuse to bear fruit, He has the right to say, "Just let him wither." Then you've got to wither. It's the only thing you can do. "They marveled, saying, How soon is the fig tree withered away! Jesus answered and said unto them, Verily I say unto you, If ye have faith, and doubt not, you shall not only do this which is done to the fig tree, but also if ye shall say unto this mountain, Be thou removed be thou cast into the sea; it shall be done." Now, that marvelous golden text, "All things, whatsoever ye shall ask in prayer, believing, ye shall receive."

In Matthew 18:18-20 we read the greatest contract in the Bible. This concerns FAITH. "Verily, I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven. Again, I say unto you, That if two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my father which is in heaven. For where two or three are gathered together in my name, there am I in the midst of them." Does that still mean what it meant when He said it? Do you mean to tell me that we can bind the devil and bind the adversary? Do you mean God will give Christians binding power today? If He meant it then, He means it now. There must be FAITH -- real faith.

Now turn to Mark 11:22-23. Oh, how precious are these promises. That's all we have to go on. "Have faith in God... Whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass: he shall have whatsoever he saith." Now, verse 24, the other golden text: "Therefore I say unto you, What things soever ye desire, when ye pray..." When you get on your knees and get in the spirit of prayer, the Bible says He will give you your desires. He says IF you will delight yourself in the Lord, and you ought to be a delightful prayer warrior. "When you pray, believe that ye receive them, and ye shall have them."

***"And he spake a parable unto them to this end, that men
ought always to pray, and not to faint" Luke 18:1***

Brother Lester Roloff's 22 health tips...

1. Eat uncooked food one day each week.
2. Fast at least three meals a week.
3. Do not eat fast.
4. Do not drink things real hot or real cold.
5. Do not drink liquids with your meals.
6. Drink your fruit juices at least forty-five minutes before you eat and wait at least two hours after you eat before you drink fruit juices or vegetable juices.
7. DO NOT eat starches, sugar, or sweet fruits such as raisins, dates, and figs with meats or fruits such as grapefruit, oranges, lemons, apples, pears, peaches, etc.
8. Avoid fried foods, gravies, hot sauces, and black pepper.
9. Drink a lot of pure water.
10. Do not eat late at night.
11. Since food is sanctified by the Word of God and prayer, quote a verse of Scripture and always ask the Lord to bless the food.
12. Young people, remember that a good complexion does not come out of a jar or a bottle, but out of your stomach. A healthy outside comes from a healthy inside.
13. Make your own toothpaste out of salt and soda. The dentist will tell you this is safer and better for your teeth. [**Note:** We consider ToothSoap to be a much healthier choice than salt and baking soda. - Eds]
14. Take a good fast walk every day, concentrating on breathing deeply. It's better to walk early in the morning when things are fresh and you get your purest air.
15. Wear the most comfortable shoes if you want healthy feet.
16. Do not wear clothes that interfere with the circulation.
17. Do not be afraid of sunshine. There is healing in it.
18. Sleep on a hard bed and learn to sleep on your back. Your framework is in your back, but if you sleep on your stomach or side, you are likely to impair the organs of your body and many times develop cricks in your neck and in your arms. I would rather sleep three hours on a hard bed than four on a soft bed.
19. Do not sleep in a room with the gas turned on because it will burn out the oxygen. Keep plenty of fresh air in the room.
20. Try to be asleep by ten o'clock and not later than eleven. One hour before midnight is worth two after midnight.
21. Do not be deceived either by the advertisements or by the great intellects. Good food and good health habits really work. Find out what your body needs and faithfully provide it.
22. Don't compare money or time with health. Health is priceless.

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